professional persons permitted to have an office within his bona fide residence

Property is to be posted and advertised as prescribed by Zoning I, or we, agree to pay expenses of above Special Hearing advertising, posting, etc., upon filing of this petition, and further agree to and are to be bound by the zoning regulations and restrictions of Baltimore County

adopted	pursuant to the zoning Law for	Baltimore County.
		Bernard Haygood, Jr.
		Bernard Haygood, Jr.  Le il Owner
	Contract Purchaser	Le 11 Owner
Address_		Address 419 Westminster Road
-		Reisterstown, Maryland 21136
•	Petitioner's Attorney	Protestant's Attorney
Address_		

ORDERED By the Zoning Commissioner of Baltimore County, this\_\_\_3rd\_ day of November, 196x80, that the subject matter of this petition be advertised, as required by the Zoning Law of Baltimore County, in two newspapers of general circulation throughout Baltimore County, that property be posted, and that the public hearing be had before the Zoning Commissioner of Baltimore County in Room 106, County Office Building in Towson, Baltimore County, on the\_\_\_\_\_lth\_\_\_\_day of\_\_December\_\_19580\_, at 10:13 o'clock A. M.

Zoning Commissioner of Baltimore County

(over)

BALTIMORE COUNTY ZONING PLANS ADVISORY COMMITTEE

COUNTY OFFICE BLDG. 111 W. Chesapeake Ave. Towson, Maryland 21204

F03

Nicholas B. Commodari Chairman

MEMBERS Bureau of Department of Traffic Engineering

State Roads Commission Bureau of Fire Prevention Health Department Project Planning Building Department Board of Education zoning Administration

Indu trial Development

The Zoning Plans Advisory Committee has reviewed the plans submitted with the above referenced petition. The following comments are not intended to indicate the appropriateness of the zoning action requested, but to assure that all parties are made aware of plans or problems with regard to the development plans that may have a bearing on this case. The Director of Planning may file a written report with the Zoning Commissioner with recommendations as to the suitability of the requested zoning.

Because of your proposal to determine whether an office for a reflexologist should be considered as "... other professional person ... and thereby permitted as an accessory use in a residence, this Special Hearing for an interpretation of this section is required.

It should be noted that if this request is granted, all applicable restrictions of this section must be satisfied.

Enclosed are all comments submitted to this office from the committee members at this time. The remaining members felt that no comment was warranted. This petition was accepted for filing on the date of the enclosed certificate and a hearing scheduled accordingly.

Zoning Plans Advisory Committee

NBC:bsc Enclosures

RE: PETITION FOR SPECIAL HEARING S/S of Westminster Rd., 0.7 of a mile W of Westminster Rd. & Hanover Pike -: DEPUTY ZONING 4th Election District Bernard Haygood, Jr. - Petitioner NO. 81-117-SPH (Item No. 57)

\*\*\* \*\*\* \*\*\*

COMMISSIONER

: BALTIMORE COUNTY

::: :::

BEFORE THE

Pur suant to the advertisement, posting of property, and public hearing on the petition and it appearing that by reason of the following finding of facts:

- 1. The petitioner, a reflexologist, is seeking an interpretation to be considered a professional and, therefore, permitted to have an office within his bona fide residence.
- 2. The petitioner defined reflexology as a method of compression on the feet intended to restore and normalize circulation, relax nerves and nerve tension, and normalize glandular tensions.
- 3. Testimony presented by the petitioner indicated that he studied reflexology independently for several years and, after his first weekend seminar franchised by the National Institute of Reflexology, received certification as a reflexologist.
- 4. Further testimony revealed that 90% of his reflexology is performed through house calls.
- 5. The only necessary equipment used is a recliner, a precu saflex (vibrator for tender feet), and blood pressure instruments.
- 6. The Dictionary of Occupational Titles (1977) and the Occupational Outlook Handbook (1980-81) do not list reflexologist. Dorlands' Illustrated Medical Dictionary (1974) and Stedman's Medical Dictionary (1976) refer to reflexology as the study of reflexes, but not specifically as defined by the petitioner.
- 7. In The Massage Book (1972), George Downing states: "Although largely ignored by the medical profession it[reflexology] has come to gain a large underground reputation among practitioners of massage."
- In Helping Yourself With Foot Reflexology (1969), Mildred Carter states: "This book can guide anyone who can follow simple instructions to better health." She did not describe reflexology as a profession or its practitioners as professionals.

BALTIMORE COUNTY
OFFICE OF PLANNING AND ZONING
TOWSON, MARYLAND 21204 NORMAN E. GERBER DIRECTOR

November 3, 1980

Mr. William Hammond, Zoning Commissioner Zoning Advisory Committee Office of Planning and Zoning Baltimore County Office Building Towson, Maryland 21204

The production was a desired the summarises were also as the summarises where the summarises were the summarises which the summarises were the summarises which it is the summarises where the summarises were the summarises which it is the summarises where the summarises were the summarises which it is the summarises which is the summarises which it is the summarises which is the summarises which it is

Dear Mr. Hammond:

Comments on Item #57, Zoning Advisory Committee Meeting, September 23, 1980, are as follows:

Property Owner: Bernard Huygood, Jr. Proposed Zoning: Special Hearing to approve an office of a reflexoligist as one of the other professional persons referred to in Sec. 1, A, 02.2. A, 10 (d) as being a permitted use within his bona fide residence.

This plan has been reviewed and there are no site planning factors requiring comment.

Planner III Current Planning and Development 9. In The Foot Book, Healing the Body Through Foot Reflexology (1977), Devahi Berkson describes her own background as: "Academically I earned a master's degree in nutrition. Physically I studied yoga, massage, polarity, and shiatsu and become a certified shiatsu therapist." She also stated "The reflexology programs may be used by the layman. They are not to be thought of as cure-alls. One should not he sitate to contact a licensed physician if necessity or good judgment so

10. Black's Law Dictionary (1979) refers to a profession as: "vocation or occupation requiring special, usually advanced, education and skill" and states that the labor and skill involved in a profession are "predominantly mental or intellectural, rather than physical or manual."

Without reviewing the testimony further in detail but based upon all the evidence presented at the hearing, i.e., reflexology may be self-taught and certification may be obtained after only one weekend seminar with no preequisities, the National Institute of Reflexology is not an organization open to membership, there is no other organization of reflexologists joined together for the betterment of its members or practice, and there is no licensing or recognition by the State or professional organizations within the field of healing arts. In the instant case, it is the opinion of the Deputy Zoning Commissioner that the petitioner has not proven that a reflexologist is a professional and, thereby, is not permitted to have an office within his bona fide residence.

Therefore, IT IS ORDERED by the Deputy Zoning Commissioner of Baltimore County, this 31d day of \_\_\_\_\_\_, 1981, that the herein Petition for Special Hearing be and the same is hereby DENIED.

tuty Zoning Commissioner

department of traffic engineering TOWSON MARYEAND 21204

STEPHEN E. COLLINS

CEIVED FOR FILING

ec

ORRER

November 13, 1980

Mr. William Hammond Zoning Commissioner County Office Building Towson, Maryland 21204

Dear Mr. Hammond:

The Department of Traffic Engineering has no comment on Items #55, 57 and 58 with regard to the Zoning Advisory Committee Meeting on September 23, 1980.

Very truly yours,

Michael S. Flanigan Engineering Associate II

MSF/bza

BALTIMORE COUNTY

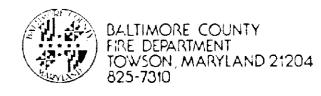
ZONING PLANS

ADVISORY COMMITTEE



PETITION AND SITE PLAN

EVALUATION COMMENTS



PAUL HIRENCKE CHEF

Mr. William Hammond Zoning Commissioner Office of Planning and Zoning Baltimore County Office Building Towson, Maryland 21204

Attention: Nick Commodari, Chairman Zoning Plans Advisory Committee

Re: Property Owner: bennard Maggard. Jr.

lietting of he tenter of more

Pursuant to your request, the referenced property has been surveyed by this Bureau and the comments below, marked with an "X", are applicable and required to be corrected or incorporated into the final plans for the property.

( ) 1. Fire hydrants for the referenced property are required and shall be located at intervals or \_\_\_\_\_ feet along an approved road in accordance with Baltimore County Standards, as published by the Department of Public Works.

( ) 2. A second means of vehicle access is required for the site.

( ) 2. The vehicle dead end condition shown at

EXCEEDS the maximum allowed by the Fire Department.

( ) 4. The site shall be made to comply with all applicable parts of the Fire Prevention Code prior to occupancy or beginning of operations.

[\_\_] 5. The buildings and structures existing or proposed on the site shall comply with all applicable requirements of the National Fire Protection Association Standard No. 101 "L.fe Safety Code", 1976 Edition prior to occupancy.

( ) 6. Site plans are approved as drawn.

( ) 7. The Fire Prevention Bureau has no comments, at this time.

REVIEWER: (1) 1 11/9-74-50 Approved: FIRE PREVENTION BUREAU SPECIAL INSPECTION DIVISION

Mr. Bernard Haygood, Jr. 419 Westminster Road Reisterstown, Maryland 21136

RE: Item No. 57 Petitioner - Bernard Haygood, Jr. Special Hearing Petition

December 2, 1980

Dear Mr. Haygood:

Marie Contract to the second of the second o

TED ZALESKI JR. DIRECTOR

October 21, 1980

Mr. William E. Hammond, Zoning Commissioner Office of Planning and Zoning County Office Building Towson, Maryland 21204

Comments on Item #57 Zoning Advisory Committee Meeting, September 23, 1980

Property Owner: Bernard Haygood, Jr.

Existing Zoning: Special Hearing to approve an office of a reflexologist as one of the other professional persons referred to in Section 1,A,02.2 A,10 (d) as being a permitted use within his bona fide residence.

District:

The items checked below are applicable:

- X 1. All structures shall conform to the Baltimore County Building Code 1978, the State of Maryland Code for the Handicapped and Aged; and other applicable Codes.
- B. A building/ \_\_\_\_\_ permit shall be required before beginning co.struction.
- C. Residential: Three sets of construction drawings are required to file a permit application. Architect/Engineer seal is/is not required.
- X D. Commercial: Three sets of construction drawings with a Maryland Registered Architect or Engineer xxxx be required to file a permit application.
- E. In wood frame construction an exterior wall erected within 6' 0 of an adjagent lot line shall be of one hour fire resistive construction, no openings permitted within 3'-0 of lot line. A minimum 8" masonry firewall is required if cor. 'ruction
- F. Requested variance conflicts with the Baltimore County Building Code, Section/s \_\_\_\_\_
- X G. A change of occupancy shall be applied for, along with an alteration permit application, and three required set s of drawings indicating how the structure will meet the Code requirements for the proposed change. Drawings may require a professional seal.
- H. Before this office can comment on the above structure, please have the owner, thru the services of a Registered in Maryland Architect or Engineer certify to this office, that, the structure for which a proposed change in use is proposed can comply with the height/area requirements of Table 305 and the required construction classification of Table 214.
- The change of occupancy should be from "R-3" residential to mixed uses "R-3" and "B" (Business.

NOTE: These comments reflect only on the information provided by the drawing submitted to the office of Planning and Zoning and are not intended to be construed as the full extent of any permit. If desired additional information may be obtained by visiting Room #192 (Plans Review) at 111 West Chesapeake Ave., Towson.

Maalles S. Seemhan. Chief

INTER-OFFICE CORRESPONDENCE

BALTIMORE COUNTY, MARY AND

Mr. W. E. Hammond Zoning Commissioner Norman E. Gerber, Director

November 20, 1980

Office of Planning and Zoning

Petition No. 81-117-SPH Item 57 SUBJECT

> Petition for Special Hearing South side of Westminster Road, .7 mile West of Westminster and Hanover Pike Petitioner-Bernard Haygood, Jr.

Fourth District

HEARING: Thursday, December 11, 1980 (10:15 A.M.)

There are no comprehensive planning factors requiring comment on this petition.

Office of Planning and Zoning

NEG:JGH:ob

# BALTIMORE COUNTY PUBLIC SCHOOLS

Robert Y. Dubel, Superintendent

Towson, Maryland - 21204

Date: September 26, 1980

Mr. William E. Hammond Zoning Commiss her Baltimore County Office Building 1111 West Chesapeake Avenue Towson, Maryland 21204

Z.A.C. Meeting of: September 23, 1980

RE: Item No: 54, 55, 56, 57, 58 Property Owner: Location: Present Zoning: Proposed Zoning:

> District: No. Acres:

Dear Mr. Hammond:

All of the above have no bearing on student population.

Very truly yours, Wm. Mich Letienel Wm. Nick Petrovich, Assistant Department of Planning

(301: 727-8666

POTTS AND POT S ATTORNEYS AT LAW SUITE 1207 COURT SQUARE BUILDING CALVERT AND LEXINGTON STREETS BALTIMORE, MARYLAND 21202

BERNARD POTTS PHILLIP L. POTTS

December 24, 1980

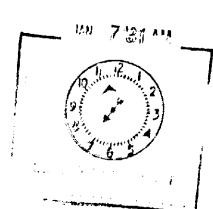
TO WHOM IT MAY CO. TERN:

Please be advised that I have been receiving reflexology workouts for the past two and one half years and have been quite impressed with the effectiveness of these workouts. I find that I have been feeling much better. The problems with chronic cervicitis and spastic colon seems to have disappeared. I have otherwise been in much better health, have increased vitality, and do not tire as easily as before, I have, as well, recommended reflexology workouts to some clients of mine who also have been designted with the results.

I find reflexology a most effective way of maintaining good health and vitality.

> Respectfully, Bernard Potts

BP:mls



RE: PETITION FOR SPECIAL HEARING S/S of Westminster Rd., .7 mile W of Westminster & Hanover Pike,

4th District

BERNARD HAYGOOD, JR., Petitioner

: BEFORE THE ZONING COMMISSIONER

OF BALTIMORE COUNTY

: Case No. 81-117-SPH ::::::

## ORDER TO ENTER APPEARANCE

Mr. Commissioner:

Pursuant to the authority contained in Section 524.1 of the Baltimore County Charter, I hereby enter my appearance in this proceeding. You are requested to notify me of any hearing date or dates which may be now or hereafter designated therefore, and of the passage of any preliminary or final Order in connection therewith.

Peter Max Zimmerman Deputy People's Counsel

John W. Hessian, III Feople's Counsel for Baltimore County Rm. 223, Court House Towson, Maryland 21204 494-2188

I HEREBY CERTIFY that on this 1st day of December, 1980, a copy of the aforegoing Order was ... iled to Mr. Bernard Haygood, Jr., 419 Westminster Road, Reisterstown, Maryland 21136, Petitioner.

John W. Hessian, III

THE WALL STREET JOURNAL March 5, 1979

Something's Afoot, Or, We Pay a Visit To the Reflexologist

Reporter Gets Her Feet Wet Probing the 'Healing Art' Of Manipulating the Soles

By GAIL BRUNSON RIGHT REPORTER OF THE WALL STREET JOCANAL An insurance salesman says it helped uncurl his toenails. A federal research analyst found it relieved her menstrual cramps. A registered nurse says it renews her energy A magic elixir? A new diet? No, what these people all credit for their new found well-heing is foot reflexology.

therapy, introduced in the 1920s and again your feet sounds a little knoky, but when you enjoying a certain vogue, in which troubles get results you start to believe in it. in various parts of the body are dealt with by manipulating a corresponding section of the foot. Adherents of this procedure-believe the banding are manifeld. The manipulating are manifeld. its benefits are manifold. The American suggests that mental attitude has a bit to Medical Association says they are nonex stending the says the says they are nonex stending the says th The uses of reflexology vary. Depending subutran Pittsburgh

on the practitioner, it may be helpful for diagnosing problems, treating illness, supplementing a physician's care or just making menting a physician's care or just making was trained in reflexology and Swedish massive trained in reflexology. observes Dwight Byers, director of the National Germany 30 years ago and now tional Institute of Reflexology in St. Petersburg, Fla. Rather, he says, it is "part of the Knuckies and Thumbs

fel. Mrs. Stopfel was Mr. Byers' aunt. Hunting for Crystals the connection. When impurities enter the aiready.

chronic cases, they form calcium deposits. I ually. As she presses deeply into the undertals by probing the feet to see where the client feels pleasure or pain. By manipulating explain why I sometimes have eye fatigue. the painful spots, he then breaks up the Mrs. Vetter's hands keep circling. Cryscrystalline congestion that short-circuits the tals of culcium often can be felt at the nerve nervous system. It is important that this endings, she notes like there, on the upper manipulation be done properly. "It is a outside of my right foot Have I been eating crawling motion, not a rub." Mr. Byers fats that may cause liver maifunction? she

We're trying to relax tension, improve when you get into trouble." Mrs. Vetter cau blood supply to tissues and help normalize tions. Too many fets may obstruct liver

The second secon

Foot reflexology. What it is is a form of the body." Mr. Byers explains. "Working on

Clearing up this ambiguity seemed to require a reporter's personal visit. I sought

Whatever their perspective, most reflex manner contrasts with her vise like hand ology practitioners follow precepts set down shake, soon has my feet sonking in a vibratn 1938 in a book called "Stories the Feet ing tub of hot water. After a few minutes of Can Tell," by the late Sunice Ingham Stop- this I sink back into a huge armchair with Mrs. Vetter before me on a stool, my feet in her lap. Her hands slick with Dr. Scholl's Mrs. Stople! reported that "reflexes" link | salve, she begins knesding and then rubbing each part of the body to a special area of the feet with the nervous system serving as using her knuckles and thumbs. I feel better

My revery is snapped, however, when lodge in the serve endings of the feet. In Mrs. Vetter begins to probe each the individside of one, a faint expression of concern The reflexologist searches for these crysquietly inquires as she pushes in her thumb It takes a long time simetimes from when the nerve endings start logging to;

function. I always say the Devil invented two things, the frying pair and the shower." Mrs. Vetter prefers bathtubs. A crystal or two notwithstanding, Mrs. Vetter concludes after an hour of probing that I am in relatively good health, Still, she is playing it safe. She is reluctant to mas sage further, she says, for fear that my body couldn't handle the sudden surge of wastes busened from nerve endings. "In a way, it's a physical checkup with out going to the doctor. explains Mrs. Vet fter, who normally charges \$10 for an initial visit. We can pick up things long before they might show up on a doctor's test." She hastens to add that "if I suspect something is very wrong with someone. I suggest they see a family physician." The doctor is unlikely to be impressed with the reflexologist referral. The AMA as serts that there is no foundation at all for reflexology. "Jast another cult." a spokesman Practitioners in ist use caution in this regard, if they make curative claims, they

risk being accused of practicing medicine without a license, says Doris Dietermann president of the California Federation of Massage However, at least 10 states grant licenses for massage therapy, which in cludes reflexology. In addition, several massage-therapy groups offer certification, usually after a demonstration of technique and 1,000 hours

I practice. Mr. Byers' institute certifies practitioners who have had a year's practice and have attended two of its traveling two-day seminars, which Mrs. Stoplel began 30 years

Mr Byers says the institute trained about 1,000 people last year, compared with 600 or so annually five years ago. "There's fast-growing interest on the part of people who want to practice reflexology," he says "That means they must have

skepticism of organized niedicine. Physicians don't want to hear it, that this is more of nature's way of curing your body," says 1. Decroo, he of the intractable toenails. Mr. Decroo's wife, Gerri, visits a reflex objgist every three months or so because she finds it helps her "eliminate a lot of Junk," Says Mrs. Decroo. When I'm drag I gong, Eknow what Loeed "

> BERNARD HAYGOUD, JR. 6000 Weedbing Road Moodbine, identiand 21797

> > Pet egh 3

Conterning :

Bernard Haygred, Jr.

Petition No. 81-117-5PH Item 57

Additional material to be sent.

REFLEXCLOGY

Market Market State Control of the C

Vol. No.

INTERNATIONAL INSTITUTE of Reflexology. The Original Ingham Method of Foot Reflexology

JAN. - MAR. 1980 WELCOME TO THE JOURNAL OF REFLEXOLOGY

For some time now we have recognized the need for a publication to implement our seminars and communicate in a more direct manner with our associates. This journal is dedicated to the needs of our practitioners. We will have a section covering questions directed to us here at headquarters and our replies. Through this means our readers will be better informed and con-

tinually re-inforced on techniques easily overlooked or forgotten. A section devoted to 'Tips and Pointers' allow us to supplement your training and experience with the thoughts and ideas passed on to us by others. We expect to make this section very useful in day to day activities. I want this to become your journal and an additional means of encouraging the continued practice of the INGHAM METHOD OF REFLEXOLOGY.

Prom time to time a two page supplement will be enclosed covering BODY STRUCTURE. This section will endeavor to point out the function and relationship of one particular organ to an other and to the technique we recommed to relieve any negative condition. It will be a strong addition to our fast moving seminar programs that sometimes out distance your note taking abilities. 'BODY STRUCTURE' will pay particular attention to the supplemental steps to take to assure patient improvement where the correction of one body area calls for supporting areas to be examined and treated. We want supplemental corrections to be a normal part of your treatment steps.

Another major purpose of our journal is to explain the major points of the INGHAM METHOD of Reflexclogy so clearly and so plainly that they can be easily communicated to reflexologist and patient alike. And further, because of this simplicity, it will become easier to remember our lessons.

Journal articles will be written to help both the patient oriented Reflexclogist and the home Reflexologist. Our experience confirms that disapointments and difficulties often encountered in the practice of 'INGHAM' Reflexology results from the ignorance of fundamental principles. The subject of fundamentals will be covered extensively even to the point of repetition. We want our Reflexologists to know the fundamentals so throughly that the quality of our services will remain superior to other techniques. To know what is taking place in general is not enough, we must know what can be reasonably expected as well as what cannot be expected. If after all my years of practice and teaching I can make you as knowledgeable of these matters as I feel I have become, as a consequence of this experience, you should posses a fund of knowledge that will serve you under all reasonable circumstance.

( Daight C. Byers)

LETS PUT THE BODY FIRST

are more important to our well-being than the inward feeling of good health?

Many of us keep our homes and cars in better shape than we keep our physical bodies. Hard to believe - but true. Perhaps we feel that our bodies will never wear out. Or is it possible that we lean on the car and house as we used to lean on blankets and Teddy Bears. Items of security. Or is it because we feel that the outward material appearance of our possessions

Never the less good health routines and preventative illness routines should be the worthwhile norm among all of us. The INGHAM method of Reflexology approaches the optimum of all such techniques. It can be practiced by a person upon himself or upon another. As a family routine it is unbeatable. You learn to understand the body organs and their relationship one to the other. You learn to understand their effect upon each other and the interrelationship between distant parts of the body. You learn to recognize and appreciate the problems of others and to help them in whole or in part. The INGHAM method of Foot Reflexol gy is a LIVE-ing art.

More and more people are looking for means of helping themselves to be healthier. They are disturbed by the fact that as healthy a nation as we may appear to be we use more medicine and pills than ever. The consumption of laxatives, headache pills, diet pills, tranquilizer pills and even cigaretts always seem to be on the increase. Sure, our excellent medical system sees us through this maze, but there must be a basic, simple excercise or practice that will relieve some conditions or even prevent them from arising. And so many men and women seek out our INGHAM method of foot compression techniques and find them to be beneficial. The results speak for themselves.

We have ingnored our bodies too long. Fortunately the body can take a lot of punishment, but it does have limits. Lets put the body first for a time and see what happens.

## YOU TOO CAN HELP

To make this Journal effective, informative and responsive to all of us we look forward to hearing from our readers. Information, ideas and experiences that can e adapted for publication in the Journal in future issues are welcome. Newspaper and magazine articles, unusual experiences in the use of the INGHAM Method of Foot Reflexology and even the circumstances under which you became interested in reflexology may be of interest to our readers.

We are looking forward to hearing from any of our practicing reflexologists who may be working for doctors or who have had people referred to them by a physician, osteopath, podiatrist or chiropractor. There are any number of Podiatrists and Chiropractors who have taken our seminars and any experiences they would like to pass along to the Journal for publication would be welcome. Please address articles for publication to either Dwight Byers or L. C.

PETITION FOR SPECIAL HEARING

4th District

Thursday, December 11, 1980 at 10:15 A.M.

PUBLIC HEARING: Room 106, County Office Building, 111 W. Chesapeake Avenue,

The Zoning Commissioner of Baltimore County, by authority of the Zoning Act

Petition for Special Hearing under Section 500.7 of the Zoning Regulations of Baltimore County, to determine whether or not the Zoning Commissioner

office of a reflexologist as one of the other professional persons permitted to have an office

Being the property of Bernard Haygood, Jr., as shown on plat plan filed with

Hearing Date: Thursday, December 11, 1980 at 10:15 A.M.
Public Hearing: Room 106, County Office Building, 111 W. Chesapeake Avenue,

BY ORDER OF

WILLIAM E. HAMMOND

ZONING COMMISSIONER OF BALTIMORE COUNTY

and/or Deputy Zoning Commissioner should approve an

South side of Westminster Road, .7 mile West of Westminster

Petition for Special Hearing

and Regulations of Baltimore County, will hold a public hearing:

within his bona fide residence

All that parcel of land in the Fourth District of Baltimore County

and Hanover Pike

Towson, Maryland

The Journal of Reflexology is published by The International Institute of Reflexology 5650-1 st Avenue North, P. O. Box 12642 St. Petersburg, Florida, 33733 Tel. 1-813-343-4811 Publisher - Dwight C. Byers

Editor - L. C. Carey

ZONING:

LOCATION:

DATE & TIME:

the Zoning Department

Towson, Maryland

Reflexology

∴ age 2

LETTERS TO THE EDITOR

"Do you have any treatment for the disease Hypoglycemia?" v.w. It is most important to work the Pancreas along with the other glands; thyreid, pitituary, adrenal, etc. Regularity is also important. A large part of the pancreas is found on the inside of the left foot just above the waste line. The remainder is found on the right (Refer to page 38 of 'Stories the Feet can tell' and page 80 of 'Stories the Feet have

"My eleven year old daughter has just returned from four days in the hospital getting a plate put on a broken arm. One of the first requests coming out of the anesthesa was to have her feet rubbed. She has a question I would like to pass on to you. What part of the feet are

related to arms and legr?" The same reflexes present in the feet are present in the hand. The toes relate to the fingers, the ankle area to the wrist area, and the lower leg is related to the fore arm. The knee is related to the elbow, the thigh to the upper arm and the hip-joint to the shoulder joint. Working these opposite areas often prove beneficial. (Refer to page 3 and 8 of 'Stories the Feet can tell').

"Please send me any information on this subject. I've suffered for over a hellish year - with Stiff Toes, spasms in entire feet - into legs - now has gone into my back, ......Please help

To help this condition we suggest you work the lower back and coccyx reflexes of the spine. the hip, knee, thigh and the lower arm reflexes. The answer to the question above this may also be of help. You should also find it beneficial to work the hand and fingers as you (Refer to pages 68 and 79 of 'Stories the Feet Can Tell' and page 31 of 'Stories the Feet Have Told').

Refl'xology Seminars Summer 1980 Dates:								
Davenport, Iowa	June	14	&	15	Portland, Oregon	July	19 & 20	
Minneapolis, MN (Bloomington)	June	19	&	20	San Jose, CA Anaheim, CA	July	26 & 27	E .
Sioux Falls, SD	June	24	&	25	San Diego, CA	_	2 & 3 9 & 10	
Winnipeg, Manitoba	June				Denver, Colorado	-	16 & 17	
Saskatoon, Saskatchewan Vancouver, B.C.	July July				Oklahoma City, Oklahoma	-	20 & 21	

DESCRIPTION FOR SPECIAL HEARING

419 WESTMINSTER ROAD

The property to be considered is located on the south side of

Westminster Road about .7 of a mile from the intersection of

Westminster Road and Hanover Pike at Reisterstown, containing

## REFLEW@LOGY

Keep abreast of Reflexclogy developments. Reinforce your understanding of Basic and Advanced Reflexology techniques. Future articles will cover the Liver, Spine, Kidneys, Spleen, Pancreas, Lymphatic System, etc. YES. I want to subscribe to the Journal of Reflexology for 4 issues for \$5.00.

NAME	and the second					-	٠.,
TREET_							
CITY		STAT	E		_ZIP	**	
INGHAM	PUBLISHING, INC.	* ·	P.	0.	BOX	1264	+2
	ST. PETERSBUI	RG. FIOR	IDA	33	733	•	

approximately 1 acre of ground.

LETTER POLICY Letters to the Editor dealing with Reflexology

We reserve the right to edit letters to fit pace requirements. Letters should be written clearly or typed, and addressed to the editor.

related interests are welcome.

**BODY STRUCTURE** SECTION HEART THE HEART IS LOCATED BETWEEN THE LUNGS. TWO THIRDS OF ITS AREA IS TO THE LEFT OF THE CENTER ZONE. TO GET AT THE OTHER ONE THIRD IT IS NECESSARY TO WORK BOTH FEET.

Reflexology

Page 3

BATTIMORE COUNTY, MARY AND

INTER-OFFICE CORRESPONDENCE

Mr. W. E. Hammond Zoning Commissioner Norman E. Gerber, Director

This section is devoted to the organs of the

body. Keep it handy for reference.

Office of Planning and Zoning Petition No. 81-117-SPH Item 57

SUBJECT\_\_\_\_\_

South side of Westminster Road, .7 mile West of Westminster and Hanover Pike Petitioner-Bernard Haygood, Jr.

Fourth District

HEARING: Thursday, December 11, 1980 (10:15 A.M.)

There are no comprehensive planning factors requiring comment on this petition.

NEG:JGH:ab

November 20, 1980

Section Number

OVER >

Page Date

1 of 2 JAN 80

Petition for Special Hearing

BALTIMORE COUNTY DEPARTMENT OF PUBLIC WORKS TOWSON, MARYLAND 21204

HARRY 1. PISTEL, P. E. DIRECTOR

Page A

December 24, 1980

Mr. William E. Hammond Zoning Commissioner County Office Building Towson, Maryland 21204

> Re: Item #57 (1980-1981) Property Owner: Bernard Haygood, Jr. Proposed Zoning: Special Hearing to approve an office of a reflexologist as as one of the other professional persons referred to in Sec. 1,A,02.2 A, 10 (d) as being a permitted use within his bona fide residence.

Dear Mr. Hammond:

The following comments are furnished in regard to the plat submitted to this office for review by the Zoning Advisory Committee in connection with the subject item.

A plan was not submitted in connection with this Item 57 (1980-1981) on the agenda for the Zoning Advisory Committee Meeting of September 23, 1980, and comments were not requested at that time.

Baltimore County highway and utility improvements are not directly involved.

Westminster Road (U.S. 140) is a State Road; therefore, all improvements, intersections, entrances and drainage requirements as they affect the road come under the jurisdiction of the Maryland State Highway Administration. Any utility construction within the State Road right-of-way will be subject to the standards, specifications and approval of the State in addition to those of Baltimore County.

Entrance locations are also subject to approval by the Baltimore County Department of Traffic Engineering.

RAM: EAM: FWR: SS

cc: J. Wimbley J. Somers

X-SE Key Sheet

65 NW 43 Pos. Sheet NW 17K Topo 48 Tax Map

November 12, 1980

Mr. Bernard Haygood, Jr. 419 Westminster Road Reisterstown, Maryland 21136

NOTICE OF HEARING

RE: Petition for Special Hearing - S/S Westminster Rd., .7 mile W of Westminster & Hanuver Pike - Case No. 81-117-SPH

TIME:	10:15 A.M.	

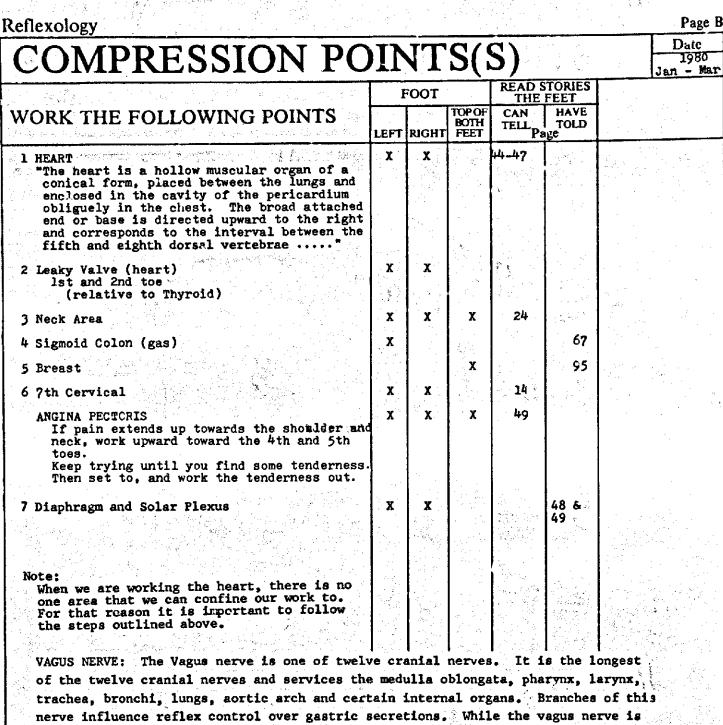
PLACE: ROOM 106 COUNTY OFFICE BUILDING, 111 W. CHESAFEAKE AVENUE,

Thursday, December 11, 1980

TOWSON, MARYLAND

REVISED PLANS

NOV 3 RECO



connected to the brain it does not travel through the spinal column in performing its duties.

When we understand the extent of its services to the body we can appreciate why it is sometimes referred to as the vagabond or wandering nerve. From the number of bodily areas the vagus nerve services you can readily see why we suggest you always work both feet fully.

ZONING: Petition for Special Hearing LOCATION South side of West-

minister Road, "Kmile West of West-minister and Handver Piles DATE & TMR: Thursday, Decem-ber 11, 1960 at 10:15 A.M. PUBLIC HEARING, Room 106,

County Office Building, 111 W. Chesapeake Avenue, Towson,

Chesapseire Averus. Towsun, Maryland.

The Zoning Commissioner of Bal-timore County, by authority of the Zoning Act and Regulations of Balti-more County, will hold a public hear-

ing:

Petition for Special relearing under
Section 500.7 of the Zoning Requtations of Bettimoral County, to determine whether or not the Zoning
Commissioner and/or Deputy Zoning Commissioner should approve
an office of a reflexiologist as one of

an office of a reflexiologist as one of the other professional persons per-mitted to have an office within his bona fide residence. All that parcel of land in the Fourth District of Battimore County The property to be considered is

The property to be considered is located on the acuth side of Weet-mineter Road about 7 of a mile from the infrarection of Weetmineter Road and Hanover Piles at Releases of the property of Bennard Haygood, ir., as shown on plat planified with the Zoning Department.

Hearing Date: Thursday, December 11, 1990 at 10:15 A.M.

Public Hearing: Room 106, County Office Building, 111 W.
Chesapeaks Avenue, Towson, Maryland.

BY NRDER OF

WILLIAM E. HAMMOND ZOHING COMMISSIONER OF BALTIMORE COUNTY

ilan kan ila alika di kata da k

Page 4 Reflexology TIPS and POINTERS When treating a patient who is having his first reflexology treatment use just enough pressure to let the patient know something is happening. If the patient appears nervous or high strung and if the reflexes are extremely sensitive relax the tensions 'hrough the solar plexus (desert) frequently during the session. Remember - not too much pressure. Give the treatment with a slow creeping finger motion, gentle at first, gradually increasing tressure to the point you observe the patient can reasonably tolerate. Work each area slowly and thoroughly. It is best to go over an area twice systematically than to go over an area Keep your eyes on the face of the patient watching for a change in expression or indication that alerts you the moment your thumb (finger) comes in contact with an irritated crystal-filled nerve ending. This is a signal to you of areas to be worked over. At any point of patient reaction we want to be extremely careful to relax them (desserts) frequently and explain to them what is happening and why. Remember we are relaxing tensions, improving nerve and blood supply and helping nature to normalize.

P. O. Box 12642 St. Petersburg, Florida 33733

October 1, 19

Mr. Beranrd Haygood Jr. 419 Westminster Road Reisterstown, Maryland 21136

NOTICE OF HEARING

RE: Petition for Special Hearing/- Case No. 81-88-SPH

PLACE: ROOM 106 COUNTY OFFICE BUILDING, 111 W. CHESAPEAKE AVENU

Tuesday, October/28, 1980

TOWSON, MARYLAND

9:45 A.M.

- WILLIAM E HAMINONO - ZONING COMMISSIONER

November 25, 1980

Mr. Bernard Haygood, Jr. 419 Westminster Road Reisterstown, Maryland 21136

> RE: Petition for Special Hearing S/S Westminster Rd., .7 mile W of Westminster & Hanover Pike Case No. 81-117-SPH

Dear Mr. Haygood:

WEH:sj

\$39.21 is due for advertising This is to advise you that and posting of the above-property.

Please make check payable to Baltimore County, Maryland and remit to Sondra Jones, Room 113, County Office Building, Towson, Maryland 2120+, before the hearing.

Zoning Commissioner

19 ευ

THIS IS TO CERTIFY, that the annexed advertisement of

Office of

Columbia, MD 21044

Petition for Special Hearing-Westminister Rd

was inserted in the following:

☑ Catonsville Times ☐ Arbutus Times

weekly newspapers published in Baltimore County, Maryland, once a week for \_\_\_\_\_\_ one \_\_\_\_\_ successive weeks before the \_\_\_\_\_ 21st day of \_\_\_\_\_ Nov ember \_\_\_\_\_ 19 80, that is to say, the same was inserted in the issues of 11-20-80

> COLUMBIA PUBLISHING CORP. By thethe stevenon

BALTIMORE QUITY
OFFICE OF FLANNING & ZONING
10W50N, MARYLAND 21204
494-3353

WILLIAM E. HAMMOND ZORING COMMISSIONER

June 3, 1981

Mr. Bernard Haygood, Jr. 419 Westminster Road Reisterstown, N ryland 21136

> RE: Petition for Special Hearing S/S of Westminster Rd., 0.7 of a mile W of Westminster Rd. & Hanover Pike -4th Election District Bernard Haygood, Jr. - Petitioner NO. 81-117-SPH (Item No. 57)

Dear Mr. Haygood:

I have this date passed my Order in the above captioned matter in accordance with the attached.

Very truly yours,

Deputy Zoning Commissioner

JMHJ/mc

Attachments

\_\_ cc: John W. Hessian, III, Esquire People's Counsel

# Massaging the feet

Some say it helps ailments

Haygood can often be heard telling his patients, "We'll do the work, leave the rest to God, and let you be the judge." He says, "As a Christian I believe God blesses more so what we do if we give The 50-year-old reflexologist says that this isn't solely what it relies on though. It is based on scientific evidence. The partners always give their clients a total workout, instead of just concentrating on problem areas The body is too related. By working the whole foot we can work on areas that

might be connected to that problem, they Concerned with the total well being of the client, the reflexologists also offer clients a nutritional program and lymphatic exercise program. They promote raw juices such as celery and carrot. "The human body is wonderful. It is a self-repairing mechanism, provided it has the proper raw materials." said

For lymphatic exercise, they sell a "Rebounder," which resembles a small trampoline. Jumping up and down on it is supposed to keep poisons from backing up in the system. The partners follow their own advice and participate in the

"This is the only way we can work lo to 18 hours a day," says Haygood as he bounces up and down.



Close up of Bernard Haygood massaging an area of the foot correspon to the stomach.

FOOT CHART (A)
NATIONAL INSTITUTE OF REFLEXOLOGY.

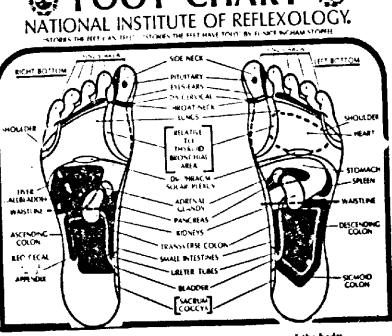
Eleanor Stokes, a 78-year-old resident of Westminster and former registered nurse says "it has really done me good. I really feel good." Sue had been troubled with arthritis and a draggy feeling, so her curiosity persuaded her to try reflexology. "I got a juicer and am drinking carrot and celery juice. I got a 'Rebounder' and bounce around on it. The combination of things is good. It just works. I'm getting so I can walk better and a little farther.' As side benefits she testifies to having no more sinus headaches, and a sore spot on top of her head for several years has Several patients are just happy to gain ;

relaxation. "It did definitely relax me after a workout. I felt refreshed and at peace with the world. I think it's beneficial. I wouldn't compare it with massage, it's much deeper than that," said George Trump of Westminster. Haygood speels off about miraculous. happenings of the thousand or so people he has worked on, but Miller explains or "Reflexology is not a cure all. It's only (1) (2) (3) getting circulation normalized that

promotes healing." One result of a workout proved a drop in blood pressure from 120 over 94 to 114

# Standing up for the lowly feet Reflexologists call them key to what ails you

FOOT CHART (S)
NATIONAL INSTITUTE OF REFLEXOLOGY.





Fifty-year-old Ed Ruppert is absolutely

convinced that the "workouts" saved him from a surgeon's knife.
Ray Crone says that he's got circula tion in his 74-year-old hands again. Maybell Phillips, 75, says she feels more relaxed and more energetic since ber treatments began. All three of these people attribute their improved health to reflexology-compres-

Most books on the subject trace American knowledge of this ancient art to Dr. William Fitzgerald, a Hartford physician who practiced in the early years of this He said that by applying pressure and stroking to certain parts of the feet, pa-

tients could get relief from proteems with specific organs.

According to the foot diagrams presented in such works as "Stories The Feet sented in Stories The Feet sented in Stories Technology and Stories Technology as the sentence of the sentence o Have Told," by Eunice Ingham Stoplei, a disciple of Dr. Fitzgerald, the big toe correlates to the head and neck. If you get

pain when applying pressure to the middle of the big toe, you could be having a problem with your pituitary gland.
Similarly, pain at the base of the big toe may indicate neck problems. By working the foot, especially the areas that are lender, the reflexologists say, the conges-

tion is broken up and blood flow is im-Another book, "Helping Yourself with Reflexology," suggests that you can cure headaches, even constipation, just by rubbing the correct part of the foot. There is no licensing of reflexologists

in Maryland, but a national institute of reflexology sponsors courses every few months to train practitioners. While many physicians regard this method of bealing as something akin to withcraft, some people claim to have had great success relieving painful and debid-

"For four months, I had terrible stomach indigestion." Mr. Ruppert said. "I had all sorts of tests, X-rays, I was going to the doctor every Thursday and it was costing me a fortune," the Pikesville garbage hauling contractor said.

"I was taking all kinds of pills, and c sometimes I could hardly crawl. I heard o about Bernard Haygood from a cousin and in two treatments, and for just \$7 each, my problem disappeared completely."

Berns rd Haygood, 49, and his 25-yearold compagion, Edwin Miller, mix their brand of healing with a nutritional pro-

gram-for those who accept it. In addition to the weekly foot massages. Mr. Haygood

Pat such 1

# Reflexology: A massage a day keeps the doctor away

By PENNEY BAILE Times Staff Writer Bernard Haygood and Edward Miller of Woodbine charge \$10 to massage people's feet and many people claim it's worth every penny, and more.

Haygood and Miller practice

reflexology, which is a scientific method During a workout they apply 15 to 20 pounds of pressure by hand to the feet of heir clients. Haygood says the purpose is to break up crystals that form on nerve

According to the reflexologists, dif-ferent areas of the feet correspond to the various parts of the body. The crystals culation, so when they are broken up, this process relaxes nerves, normalizes circulation and glandular activity. "I couldn't hardly walk across the floor. I thought I would become bedfast. I took arthritis pills for 15 years, it helped to relieve the pain, but it didn't go away," said 61-year-old Mary King of

Then she heard about reflexology and decided to try it. "I ain't got no pains," she says. "I had an X-ray two weeks ago and it said there is no arthritis whatsoever." She began to have workouts May 17 and so far has had 16 since then.

The Chinese discovered the method of reflexology thousands of years ago, bu according to Haygood it wasn't until 1913 that Dr. William Fitzgerald introduced it to the United States. He blazed the trail for several modern day reflexologists, among them, Dr. Maybelle Segal, Mildred Carter, and Eunice Ingham Stopfel, who have written books on the

Two-day seminars are held throughout the United States by the National Institute of Reflexology, in which participants are awarded certificates. Haygood and Miller are not doctors. They hold this certificate as their authorization to perform these workouts,

Medical Association could not be reached for comment, but Dr. William Linthicum, vice president of the Carroll County Medical Society had this to say about reflexology: "I'd simply be in terested in seeing their research behind it. As far as I know the nervous system doesn't work that way. I'm not aware of any scientific basis for this."

terwards. The reflexologists also have an office in Owings Mills at 10103 Reisterstown Rd., and will be opening one in Westminster on 8 North Court St. Clients often experience pain during a workout, but this is a normal occurence. "The crystals look like daggars under a microscope. If there is a problem, there is some pain," said Haygood.



Petersh 2



Paul and Mary Alberta relax and let the reflexologists' fingers do the walking.

problems. By rubbing and pressing on cept it," Mr. Haygood said. tion." Mr. Haygood says in his Southern these crystals, Mr. Haygood says he is ac- When he works on clients, Mr. Haygood drawl. "is like having a fuel injection auto tually breaking them up, and circulation keeps up a steady patter of stori's about and having 60 octane gas instead of 100 to the troubled area is improved. octane-you still have a knocking motor."

hands—my skin is smoother. I know it's hard to believe, but it's all true," he said.

"My hands were so bad," said Ray preaching that sometimes accompanies that to believe, but it's all true," he said.

Crone, "I could hardly close them. They the foot rub. Reflexologists believe that congestion were cold and numb and they had pins and "He's helped relieve some of the pain I precedes disease, and sensitive areas of needles. After a couple of treatments on have had, but when he starts preaching three things: it relaxes nerves and nerve able to do anything for me."

correlate to which organs, nerves and might think them "kooky." The hour-long treatments, some of which he does in clients' homes or in the Owings Mills office he rents from a legal

suggests that his clients drink fresh car- clinic, can be quite painful. Some clients like I've had a complete workout. It cerrot, celery and apple juice made from the describe it as "feeling like a nail digging tainly makes me more energetic." Acme Juicerator, which he just happens to into your foot," or as if "you are having Mr. Haygood and Mr. Miller are used And, for the convenience of his customBut the presence of pain, says Mr. Hayor how the massages work. ers, he sells fresh produce which he hauls good, is an indication that little dagger—"I don't understand how a pig and a in the back of his tiny blue Opel station like crystals have formed along the goose eat corn and on one it grows feath-

"It's just like your car. If you have corman who couldn't even raise his arms high Mr. Ruppert is one of those who believe rosion on the battery, the current won't enough to brush his hair before he began the nutritional program.

flow property."

having workouts and the wife of a millionaire's chauffeur who couldn't close her drink that celery juice, I don't get excited. dramatic as those described by Mr. Ruphand tight enough to hold her money. I got 27 men working under me and they pert, Maybelle Phillips says: "I do believe the treatments and the juices have helped do the work, leave the rest to God and let "Now that I drink these juices I don't me. My circulation and my skin have been you be the judge," all the while watching

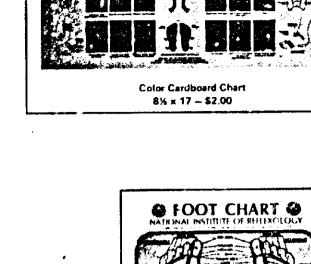
my hands and feet, I felt a heck of a sight gospel or trying to sell his machine, and he Reflexology, Mr. Haygood says does better," he added. "Doctors had not been tells me I'm only using part of the protensions, restores normal circulation and roomalizes glandular activity.

Some of Mr. Haygood's clients declined and one leg—well, they come on too be interviewed and others asked that Mr. Haygood travels with a chart that their names not be used, apparently ap- Although Mr. Haygood acknowledges A woman with three children who is patter and engaging personality account

For further information, write Bernard Hay good or Edward Miller a. 8 North Court Št., Westminster, MD. 21157.

Or call 795-3774 (Home) or 795-1346 (Sec. for a reflexology appointment.

Not all of his clients however like the

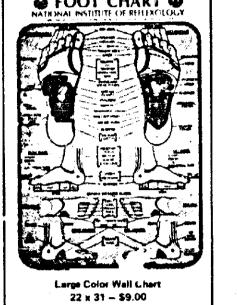


2.00 Small Chart ☐ 9.00 Large Wall Chart It is understood that if I wish to return the above, I may do so within ten days of receipt and my full purchase price will be refunded. MAY POST 1900 Emerson Street, Phila., PA 19152

4.95 Soft Cover

"STORIES THE FEET CAN TELL"

"STORIES THE FEET HAVE TOLD"



Stories the feet Can Tell Thru Stories the Feet Have Told Reflexology Reflexology

\$4.95 each

May Post has a large practice and has been doing Foot Reflexology for over twenty-five years. You get the benefit of her vast experience, learning what the feet are telling today.

It's over fourteen years since Eunice Ingham-Stopfel sought May Post and her husband out to offer the first purchased franchise license to teach the work. It was an honor earned because she knew they did exactly as she taught; unadulterated with a lot of other things.

The twenty-odd rewarding years in this work, with all the wonderful and sometimes unbelievable results, have proven if the cause of problems is caused directly or indirectly from nerves or nerve tension she needs nothing else. Relaxing nerves in an uncanny way aids circulation which is Nature's way of healing Does Working on Someone's Feet to Help Their Headache Sound a Little Strange to You??

The results and relief that thousands have experienced speaks for itself. Actually, there are reflex areas in the feet that directly affect every area of the body. Stimulation of these points can help many health problems because it relaxes nervous tension.

## You Can Do It

You can help yourself, your family and triends with the Original Ingham Method of Foot Reflexology. Your hands are the tools which can help normalize and relax tension. Foot Reflexology is a simple effective method of helping the whole body in a natural way.

Eunice Ingham wrote the first books on Foot Reflexology, and presented book review seminars to help people apply these methods. Only the staff from the International Institute of Reflexology, headed by Eunice Ingham's nephew Dwight C. Byers, teaches these original methods to the public. Anyone can apply these methods, but for success professional personal training is a must.

# How Can You Learn This Comprehensive Health Method?

Attend a seminar now that is presented by the International Institute of Reflexology and get this needed training by MAY POST, the first purchased franchise license holder to give these seminals in this country.

1980 FALL REFLEXOLOGY SEMINAR DATES



**MAY POST** 1900 EMERSON STREET PHILADELPHIA, PA. 19152 PHONE: (215) 722-3668



## . Bernard Haygood, Jr. 19 Westminster Road Reisterstown, Md. 21136

BALTIMORE COUNTY OFFICE OF PLANNING & ZONING

County Office Building 111 W. Chesapeake Avenue Towson, Maryland 21204

Your Petition has been received and accepted for filing this

Petitioner Bernard Haygood, Jr.

Petitioner's Attorney

PETITION FOR SPECIAL

HEARING 4th DISTRICT

ster Road and Handver
Reisterstown, containing approximately I acre of ground.

Being the property of Bernard
Haygood, Jr., as shown or plat plan
filed with the Zoning Department
Hearing Date: Thursday, December 11, 1986 at 10:15 A.M.

Public hearing: Propul 106, Coun-

By Order Of WILLIAM E. H. MMOND, Zening Ceremissioner of Baltimere County

Zoning Commissioner Chairman, Zoning Plans Advisory Committee

WILLIAM E. HAMMOND

THIS IS TO CERTIFY, that the annexed advertisement was published in THE JEFFERSONIAN, a weekly nawspaper printed and published in Towson, Baltimore County, Md., once in each of one time \_\_\_\_successive weeks before the \_\_\_11th----day of \_\_\_\_\_\_, 1980-, the first publication stions of Battimore County, itermine whether or not the Zot g Commissioner and/or Deput appearing on the 20th and day of sevenber

> 19.80-THE JEFFERSONIAN Cost of Advertisement,

S1-117-SPH

## CERTIFICATE OF POSTING ZONING DEPARTMENT OF BALTIMORE COUNTY

PETITION FOR STECHAL HEARING PERNARD HAYGEE'S JR. Location of property: S/S Westminster RL. - 7 in the W of Westminster & HANDUER PIKE Location of Signs: FRE, OT 419 WESTIMINSTER Rd

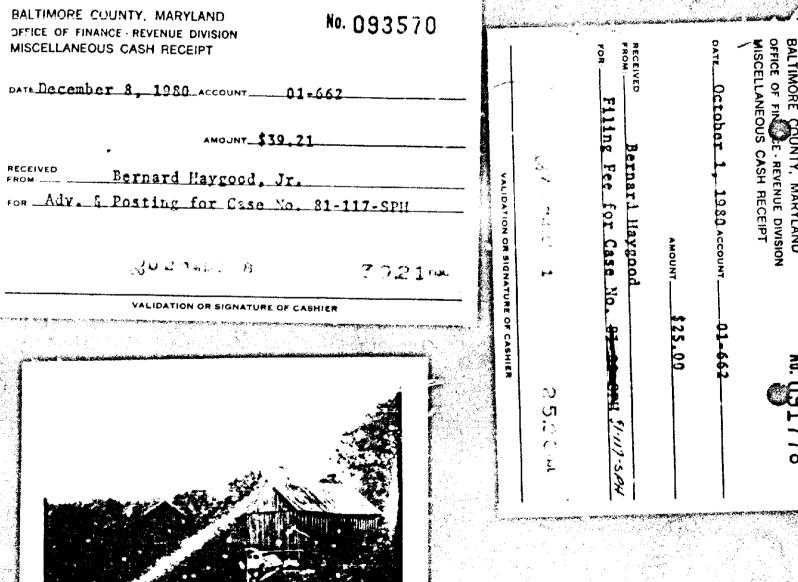
> BALTIMORE COUNTY OFFICE OF PLANNING & ZONING County Office Building 111 W. Chesapeake Avenue

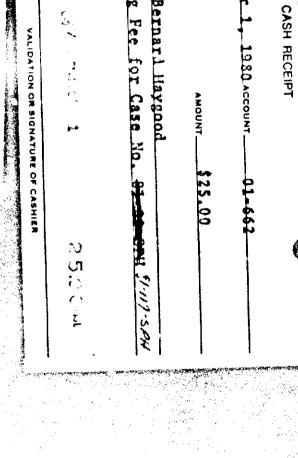
Towson, Maryland 21204 Your Petition has been received this

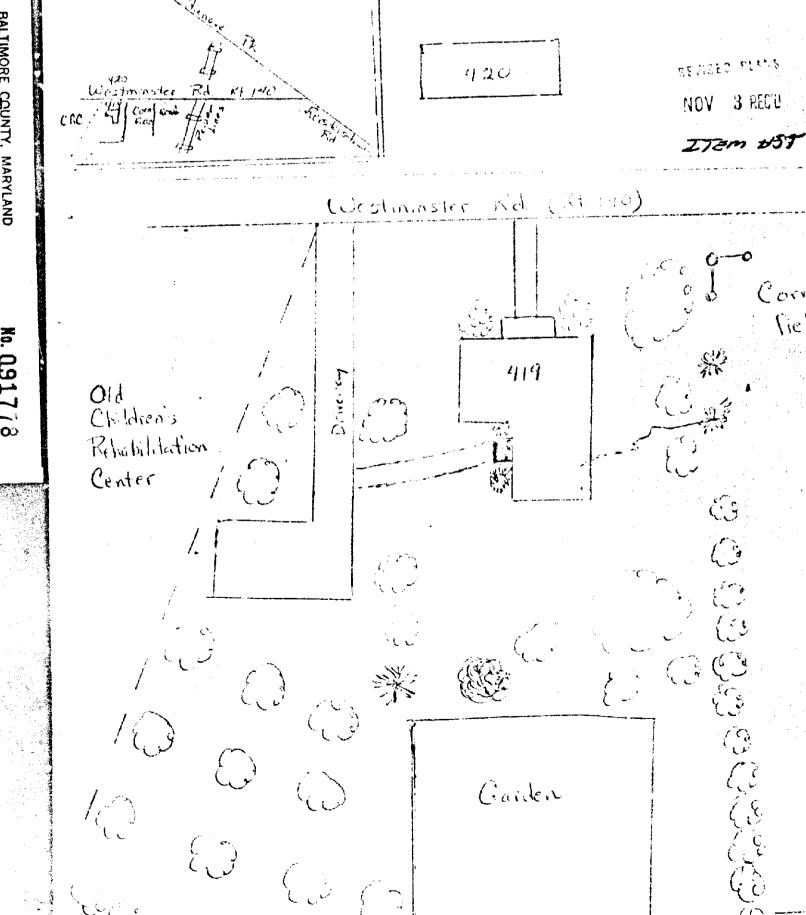
Villiam E. Hammond, Zoning Commissioner

Reviewed by EMS

\*This is not to be interpreted as acceptance of the Petition for assignment of a









Check

## Attend a seminar on the "Ingham Method" of Foot Reflexology

We extend to you this invitation for a better understanding of "Stories The Feet Can Tell" and "Stories The Feet Have Told" by Eunice Ingham Stopfel presented by May Post, well-known lecturer, practitioner for twenty-three years and seminar-conductor for fourteen years.

A complete book review Seminar with THEORY, DEMONSTRATION and INSTRUCTIONS to learn the proper techniques which cannot be obtained from the books alone.

TENSION?? POOR CIRCULATION?? Take a step to better health now. Make plans today to

This two-day Seminar is \$130.00 with continued return privileges.

Offered by the International Institute of Reflexology.

#### **Post These Dates**

#### Post These Dates

#### 1980 FALL SCHEDULE

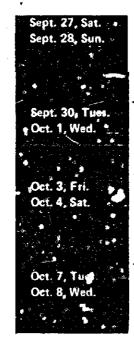


PETERSBURGH, VA HOLIDAY INN, DOWNTOWN 1-95 & Washington St. S. bound exit 3 N. bound exit 2 1-804-733-0730

**BIRD-IN-HAND** Fire House On Rt. 340 1-717-393-7952

BETHESDA, MD RAMADA INN 8400 Wisconsin Ave. 1-301-654-1000

SCRANTON, PA HOLIDAY INN Franklin Ave. at Mulberry St. 57 W. Exit off 81 N 1-717-346-7061



PHILADELPHIA, PA **HOLIDAY INN** Independence Mali 4th and Arch St. 1-215-932-8660

DU BOIS, PA DU BOIS MANOR Liberty Blvd. 1-814-371-5400

BEAVER FALLS, PA **HOLIDAY INN** Rt. 18 North (Interchange Pa. Tok.) 1-412-846-3700

ULYSSES, PA At Home of Daniel & Reba Nauman Rt. 1 Ulysidi, PA Call 1-814-848-7427 for Directions

**BE SURE TO MAKE MOTEL RESERVATIONS NOW!** 

FOR ADDITIONAL **INFORMATION, PHONE:** 215/722-3668

REGISTRATION TIME 8:30 - 9:00 A.M.

## AT OUR SEMIN ARS....

We will give you startling facts that have been experienced by those who have met with us from coast to coast.

We will demonstrate just how, where and how long to apply this scientific method of Foot

This special technique to the nerve reflexes in the feet has a natural way of relaxing nerve tension and stimulating the circulation.

We will show you the wonders this reflex work can perform with a personal demonstration, colored slides and a simple explanation of anatomy and how it can be applied to the reflexes in the feet and their relation to various organs of the body.

You will hear and learn what others are doing who have met with us from year to year, many traveling hundreds of miles to hear of new developments.

Let our trained technicians help you more fully understand the applications as outlined in both publications, plus new developments not in print. These refined applications of the Ingham Reflexology Method when applied properly, stimulate circulation and relax nerve tension. You can't afford to miss this opportunity. Plan to attend the next seminar in your area. Make plans now, This one time price of only \$100.00 entitles you to attend any future seminars anyplace, anytime for a nominal registration fee.

#### REFLEXOLOGY SCHEDULE

1st Day - 8:30 to 9:00 A.M. Registration

9:00 - Noon 1:30 - 5:00 P.M. Lectures with Color Slides and Pictorial Charts

NO TAPE RECORDERS, PLEASE. BRING A NOTEBOOK AND PENCIL. 2nd Day - 9:00 A.M. until finished

Individual instruction on the feet. Each new member will personally APPLY and RECEIVE this technique. Certificate upon completion. Former members \$8.00 registration except for Bird-In-Hand which will remain \$5.00.

No Advanced Registration Necessary

### THOUSANDS HAVE ATTENDED AND BENEFITED

For over 35 years we have been conducting this book review Seminar. Doctors and layment coast to coast have attended these lectures. Foot Reflexology has aroused world wide enthusiasm as evidenced by many unsolicited testimonials.

"I am enjoying giving foot Reflexology. I started the week after the April 21 class and have done over 100 clients and have had wonderful results with most of them. I have not artvertised, only word-of-mouth, I have some come twice a week, some once a week."

L.D. - Machanicsburg, Pa.

"Let me thank you again sincerely for helping me in the brief moments you had that night at the N.H.F. Convention, it was indeed a benefit to me and I shall never forget the kindness."

Dr. K.K. - Brooklyn, N.Y.

"I'd like to take this opportunity to let you know what a high spiritual influence you have had on my life by being a channel to enable me to have a way to truly serve others at my very fingertips."

P.R. - Washington, D.C.

"I want to say thank you for being such a beautiful person and fine teacher and for sharing your "findings" with all who care to listen and learn."

C.M. - Audubon, Pa.